

Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Ragu served with Diced Herby Potatoes and Vegetables	Katsu Chicken Curry served with Rice	Roast Chicken served with Gravy Roasted Potatoes and Veg	Pulled Pork with Cajun Wedges and sweetcorn	Fish Fingers served with Chips, Peas or Baked Beans
PLANT BASED MAIN MEAL / VEGETARIAN	Vegetable Chilli served with Rice	Spinach & Lentil Curry with Rice	Quorn Fillet served with Gravy Roasted Potatoes and Veg	Macaroni Cheese served with Garlic Bread	Falafel Gyros
STREET FOOD	Piri-Piri Chicken Wings	Tex Mex Chicken Wrap	Greek Chicken Gyros with yogurt & mint sauce	Cheese Burger	Cajun Chicken Flatbread with lettuce & mayonnaise
TAKEAWAY TUBS	Tomato & Cheese Pasta	Mac n Cheese	Chicken and Tomato Pasta	Meatball Italiano	Tomato & Basil Pasta
PIZZA SLICE	Margherita (V)	Margherita (V)	Margherita (V)	Margherita (V)	Margherita (V)
	Pepperoni	Ham & Tomato	Pepperoni	Hot & Spicy	BBQ Chicken
DESSERTS	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection

Meal Deal

Main meal with vegetables and dessert



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£2.95

All of our main meals, sandwiches & desserts are freshly made on site every day