

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.30	TOMATO AND BASIL PASTA	BEEF LASAGNE	ROAST BREAST OF CHICKEN WITH STUFFING AND GRAVY	MINCED BEEF CHILLI WITH RICE	BEEF BURGER SERVED IN A BAP WITH TOMATO SAUCE
PLANT BASED / VEGETARIAN £2.30	MACARONI CHEESE	VEGETABLE NOSHI NOODLES	QUORN SAUSAGES WITH STUFFING AND GRAVY	VEGETABLE LASAGNE	SPICEY BEAN BURGER IN A BAP WITH TOMATO SAUCE
ON THE SIDE	GARLIC BREAD AND SIDE SALAD	SEASONAL VEGETABLES	ROAST POTATOES AND SEASONAL VEGETABLES	SEASONAL VEGETABLES	CHIPS BAKED BEANS OR PEAS
GRAB 'n' GO SNACKS FROM £1.40	A WIDE SELECTION OF READY TO GO HOT AND COLD SNACKS PIZZAS, PANINIS, PASTRIES, FILLED BAGUETTES AND SANDWICHES, FRESH FRUIT, HOMEMADE CAKES AND SALADS				
JACKET POTATOES	AVAILABLE DAILY WITH 1 FILLING £1.90, 2 FILLINGS £2.30 AND 3 £2.50				
HYDRATE FROM £0.90	WATER AND A SELECTION OF COLD DRINKS AND FRUIT JUICES AVAILABLE DAILY (NOT INCLUDED IN ANY MEAL DEAL)				
DESSERTS £1.05	CHOCOLATE SPONGE WITH CHOCOLATE SAUCE	STRAWBERRY JELLY & CREAM SWIRL	APPLE CRUMBLE & CUSTARD	STICKY TOFFEE PUDDING	SHORTBREAD BISCUIT

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.75

All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day