

THOMAS KEBLE Silver Expedition - Kit List SCHOOL

Individual

Worn-in Walking boots and socks Complete change of clothing (NO jeans) Warm top eg fleece For July: Sun hat/sun cream Hat, gloves, scarf Waterproof jacket <u>AND</u> trousers Large rucksack* (lined with liner/plastic bag) Sleeping bag Sleeping mat Wash kit (minimal!) Water bottle (1 litre minimum) Mug/plate/cutlery Torch/spare battery Personal medication Plastic bag for dirty clothes

Group

Tent * * Available to borrow from Thomas Keble Stove* / fuel / matches (if you are using a meths stove you MUST use a safety bottle*) Compass (minimum 2 per group) Whistle Food for evening meals and breakfast as appropriate Cooking gear (one pan?) Washing-up sponge First Aid kit Emergency/survival bag Camera (optional) Watch

Food

 For July Training weekend: Breakfast (Sun) and Packed Lunch x2 (Sat & Sun) Group Evening Meal x1 (Sat)
For Practice Exped: Breakfast x2 and Packed Lunch x2 (Sat & Sun) Group Evening Meal x1 (Sat)
For Assessed Exped: Breakfast x2 and Packed Lunch x3 (Sat, Sun, Mon) Group Evening Meal x2 (Sat & Sun)
En-route snacks
Emergency rations